

Woodthorpe Primary

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	RAVIOLI OR CHILLI CON CARNE	SAUSAGES	BBQ CHICKEN	PASTA BOLOGNAISE	BATTERED FISH OR PIZZA
Jacket Potato	GRATED CHEESE	BAKED BEANS	TUNA	COLESLAW	COTTAGE CHEESE
Carbohydrate	GARLIC BREAD	SAUTE POTATOES	SAVOURY RICE	CRUSTY BREAD	CHIPS
Vegetables	MIXED VEGETABLES	BAKED BEANS	BROCCOLI OR CARROTS	SWEETCORN	PEAS
Assorted sandwiches available. Wholemeal bread and Salad will be available at lunch times.					
Sweet Choice 1	ICED MARBLE SPONGE	ARCTIC ROLL OR JELLY	CHOCOLATE MOUSSE OR CHEESE & BISCUITS	CHEESECAKE	FRUIT MUFFINS
Sweet Choice 2	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT
Sweet Choice 3	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT
Vegetarian	VEGGIE RAVIOLI	VEGGIE SAUSAGE	JACKET POTATO & CHEESE	VEGGIE PASTA	PIZZA

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WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	MEATBALLS & PASTA	CHICKEN CURRY OR MACARONI CHEESE	SAVOURY MINCE PIE	TUNA PASTA BAKE	BATTERED FISH
Jacket Potato	TUNA	BAKED BEANS	COLESLAW	CHILLI	GRATED CHEESE
Carbohydrate	PASTA	RICE OR NAAN BREAD	NEW POTATOES	GARLIC BREAD	CHIPS
Vegetables	SWEETCORN	PEAS	CARROTS OR GREEN BEANS	MIXED VEGETABLES	MUSHY PEAS
Assorted sandwiches available.					
Wholemeal bread and Salad will be available at lunch times.					
Sweet Choice 1	APPLE FLAPJACK	CORNFLAKE BUN	CHEESE & BISCUITS OR FROZEN YOGHURT	FRUIT JELLY OR JAM SCONE	ICED SPONGE
Sweet Choice 2	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT
Sweet Choice 3	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT
Vegetarian	FALAFALS	VEGETABLE CURRY	VEGGIE SAUSAGE	PASTA BAKE	FISH

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WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	PASTA BOLOGNAISE	CHEESE & TOMATO PIZZA	ROAST CHICKEN & STUFFING	LASAGNE	FISH OR HOTDOGS
Jacket Potato	BAKED BEANS	COTTAGE CHEESE	COLESLAW	GRATED CHEESE	TUNA
Carbohydrate	CRUSTY BREAD	POTATO WEDGES	ROAST POTATOES	GARLIC BREAD	CHIPS
Vegetables	MIXED VEGETABLES	SPAGHETTI HOOPS	CAULIFLOWER & BROCCOLI	PEAS	BAKED BEANS
Assorted sandwiches available Wholemeal bread and Salad will be available at lunch times.					
Sweet Choice 1	CHOCOLATE BROWNIE	PANCAKE & FRUIT	FRUIT FLAN	STRAWBERRY SHORTCAKE	CHOCOLATE KRISPIE BUN
Sweet Choice 2	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT
Sweet Choice 3	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT
Vegetarian	VEGGIE BOLOGNAISE	PIZZA	JACKET POTATO & COLESLAW	MACARONI CHEESE	FISH

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WEEK FOUR	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	SPAGHETTI BOLOGNAISE	CHEESE FLAN OR GAMMON	SHEPHERDS PIE	SWEET & SOUR CHICKEN OR MACARONI CHEESE	FISH OR BREADED CHICKEN
Jacket Potato	GRATED CHEESE	COTTAGE CHEESE	TUNA	BAKED BEANS	COLESLAW
Carbohydrate	GARLIC BREAD	SAUTE POTATOES		RICE	CHIPS
Vegetables	PEAS & SWEETCORN	TOMATOES OR SPAGHETTI HOOPS	GREEN BEANS OR CARROTS	PEAS	BAKED BEANS
Assorted sandwiches available.					
Wholemeal bread and Salad will be available at lunch times.					
Sweet Choice 1	CARROT CAKE	BUTTERSCOTCH MOUSSE OR JELLY	CHEESE & BISCUITS OR ICE CREAM	ICED CHOCOLATE SPONGE	COOKIES
Sweet Choice 2	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT
Sweet Choice 3	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT
Vegetarian	VEGGIE BOLOGNAISE	CHEESE FLAN	VEGGIE BURGER	MACARONI CHEESE	FISH